



Dental Truth

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FDA Advises Use of Amalgams Stop in Named High Risk Groups

But isn't everyone at high risk? Perhaps to avoid embarrassment in a world that is gradually banning amalgam, FDA is going through the motions of protecting the public, advising dentists to avoid the use of mercury fillings in pregnant

women, nursing mothers, small children and those with neurological disorders. But mercury *causes* neurological disorders, birth defects, infertility and immune disorders. The only genuine way to protect the public is to ban it entirely.

EPA on Trial for Ignoring Fluoride as a Child Brain Toxin



Christine Till, PhD and other leading scientists presented the science showing that fluoride lowers the intelligence of children and sharply increases ADHD. But the EPA doesn't have the

integrity to take action so it had to be sued in an attempt to get them to curb or ban fluoridation. Though the trial testimony was completed in June, the judge has not yet ruled on the matter.

Meanwhile, the pro-fluoride camp seems to be retaliating against expert Till by trying to get her fired from her teaching job at the university.

COVID is real, contagious but was made by virologists in a biolab. PCR testing cannot tell viral load or even if the patient is infected. Case counts and death counts are grossly over-stated. Safe, natural treatment methods are being suppressed while harsh countermeasures are imposed.



Simone Gold, MD, leads a group called America's Frontline Doctors. She speaks of their successful COVID treatments and says that a vaccine is not needed and that masks are not safe or effective.



Margareta Griesz-Brisson, MD, PhD, noted neurologist, warns that mask wearing is creating chronic oxygen deprivation and, over time, loss of nerve cells that will not come back! "To deprive a child or adolescent's brain of oxygen ...is criminal."

The film *Plandemic II*, narrated by David Martin, left, tells of the patents that Tony Fauci and the CDC obtained on the corona virus. The film looks into how the COVID virus was created and Fauci's secret role in that.

The Gates Foundation has a funded experimental vaccine trials in Africa and India that were much criticized. Now Gates is putting the fluorescent dot tags on every COVID vaccine to track the patient forever. This is one

of several reasons to pause before getting a COVID vaccine. We encourage hanging onto our basic liberties and freedoms and not allowing coercion or mandates that violate those freedoms.



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DAMS information packets are available via mail or e-mail upon request. They contain an information guide about the dental - health connection and describe the many resources that are available through DAMS. Packets include a list of practitioners, mostly dentists, in your state or province. Indicate you special issues or concerns. The packets are free, but donations are welcome. An envelope for sending a donation or a memberships will be provided with your packet.

Additional copies of the newsletter are usually available. Call to discuss.

The DAMS newsletter provides a forum for expressing a broad range of ideas and viewpoints, and is for general education only.

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Support DAMS - you can renew your membership now

During year 2020, with COVID countermeasures shutting down so much of the economy, we delayed sending out membership renewal notices. Most dental offices were shut down for two months or more. Patients were struggling to keep work and family on with a normal life. We were busy analyzing a steady flow of news and scientific claims that had to be sorted out. In this newsletter, we lay out our views and conclusions on the COVID controversies. We give you a detailed list of some sources that we trust.

We intend to send out monthly e-mail news updates, on breaking new developments. To receive the monthly updates by e-mail, send your e-mail to dams@usfamily.net. We are now catching up on renewal notices, but if you want send us your renewal now, that's good, too. The expiration date for your membership is to the right of your name and address on the back page of this newsletter.

Thanks for your continued support! - Leo Cashman

A holistic dentist tells how he fought off COVID

Ibelieve that the best defense against the corona virus infection would be vitamin C, a vitamin B complex, glutathione, magnesium and turmeric. I don't think there are any magic bullets, but just avoid refined carbohydrates, get protein, drink enough water, exercise some, do good for others, nose breathe, sleep enough, avoid excessive radiation and stray voltage, take care of co-morbidities, limit screen time and keep a positive outlook.

The last one is tough to comply with, given the media.

My personal symptoms were: chills, body aches, low energy, headache, and sinus congestion. All lasted between 12 to 18 hours. Some body weakness lasted for four to five days.

We do not disclose his identity in order to protect his privacy. ■

FDA Advises Amalgam Use Stops in Named High Risk Groups

By Leo Cashman

On September 24, 2020, the US Food and Drug Administration stunned dentistry in America by issuing a press release calling for the avoidance of the use of dental amalgam fillings, which are about half mercury, in pregnant women, women who are planning to become pregnant, nursing mothers, and children. The statement also called for avoidance of amalgam in people with neurological disease, impaired kidney function and heightened sensitivity (allergy) to mercury.

Our analysis of the seven groups listed as being “high risk” gives us an estimate that, after eliminating overlaps and double-counting, the FDA is calling for the elimination of amalgam use in at least 176 million Americans, or at least 55% of the entire population. This calculation is based on a mathematical model that includes all women who are pre-menopausal, because any of them might get pregnant, and all people who have anxiety, depression or other neurological problems. That population now, under the stress of COVID, makes up more than 30% of all adults. It is unclear how the FDA’s new recommendations will be implemented by the rank and file dentists and, for example, how they would be enforced by state dental boards. Dental Boards enforce the “standards of care” through investigation of complaints and disciplinary actions taken against dentists.

The reaction within the biological dentistry and holistic health community was jubilation at the FDA’s break from its long history of stonewalling on the mercury amalgam filling issue. The FDA has long ignored the published science of

animal studies, human studies and clinical evidence, all showing that mercury from amalgams is not only harmful to pregnancies and to the unborn fetus, but also to people of all ages because of mercury’s ability to cause damage to the nervous, immune, endocrine, and cardiovascular systems.

The fact is the FDA’s list of vulnerable groups is seriously incomplete because every patient getting an



amalgam filling will get an unhealthy mercury exposure, and the only sensible public health measure is a complete ban. “Mercury causes a bio-chemical train wreck,” bio-chemist mercury researcher Boyd Haley, PhD, has often said; every other mercury researcher agrees, saying that all unnecessary mercury exposures should be avoided. Mercury causes or contributes to every leading cause of disability and death, including the leading three, heart disease, cancer, and stroke.

Based on a renaissance in mercury research about thirty years ago, dental amalgam fillings should have been banned at that time. But the American Dental Association (ADA) has exerted undue influence on the FDA, and the FDA has, until now, failed to provide even a hint of a warning that amalgams are a health hazard. In year 2009, FDA came out with a long awaited “rule” on the dental amalgam product. In disregard for the vast scientific evidence

of harm, FDA’s 2009 rule classified amalgam as a Class II, which is the “moderate risk category”, as opposed to putting it in Class III (most hazardous). Class III would have required rigorous examination and a proof of safety.

FDA’s unhelpful 2009 rule included a “guidance document” which discussed the question of whether to impose curbs on the use of amalgam in pregnant women, nursing mothers, or other vulnerable groups. But the 2009 rule’s guidance document rejected all such curbs. It did not even call for dentists to inform the patient that amalgam contains mercury before placing the half-mercury product in the patient’s teeth. So, the FDA’s 2009 rule did not even call for the minimal amount of information needed by most patients so as to have some informed consent.

FDA’s 2009 rule was a sweetheart present for the ADA, conforming to ADA’s central tenet that amalgam mercury fillings are safe to use. To get an idea of how wedded the ADA is to its “dental mercury is safe” dogma, consider its early history. Back in the 1840s before there was an ADA, amalgam mercury fillings were condemned by the American Society of Dental Surgeons when mercury was first starting to be used. Amalgams were condemned because of the harmful effects that mercury was obviously causing. But a faction of renegade dentists refused to quit using mercury and they formed their own group which became the ADA, so the ADA was formed by the renegade, mercury-using faction, and its mission has always been to convince its member dentists and everyone else that mercury in your mouth is safe.

Even now, after listing seven siz-

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able groups of the population that amalgam should not be used for, in the second half of its recent statement the FDA backtracks from its message of curbs and cautions and echoed the ADA's dogma in saying the following:

The FDA is not recommending anyone remove or replace existing amalgam fillings in good condition unless it is considered medically necessary because removing amalgam can cause a temporary increase in exposure to mercury vapor...potentially resulting in more risks than benefits. (From FDA's Press Release and Statement)

Translated, FDA seems to be saying: "don't you dare get your amalgams replaced, because amalgam removal is too risky and will likely do you more harm than good." This is the same scare talk that the ADA has always been putting out and it seriously mis-informs the public on the serious issue of safe amalgam removal. The truth is that Amalgam removal can be done safely but that is when and only when it is done by a "holistic," "biological" dentist, who has the training and the equipment to do it safely. Amalgam removal does carry risks when it is done by dentists - such as the typical ADA dentists - who are not properly trained in amalgam removal.

The ADA, a private professional association, and also the FDA, do not want to acknowledge the existence of holistic and biological dentistry, as these are the leading critics of ADA and FDA's cover-ups. The views of the ADA-FDA nexus gives its critics the impression that it wants to keep the public unaware of the truth about dentistry and health that is offered by the biological dentists and their non-profits. The public is supposed to be kept

in the dark about the ADA's toxic influence. In part, the ADA's influence is wielded by its (undeserved) privilege of being the institution that must accredit every dental school in America, thus controlling what is taught to dental students in the classroom - the books used, the curriculum and the top professors. ADA also maintains some out-sized influence on government by its political PACs, with their well-paid lobbyists and with their financial contributions to legislatures and governors. Realize that it is the state governors who appoint the dentists and the lay persons who will serve on the powerful state dental boards. These boards have, all too often in the past, attacked holistic dentists for being outspoken in their criticism of dental mercury.

Any dental patient who has health challenges that may be caused in part by existing mercury fillings has good reason to consider amalgam removal as long as it is safely done, as part of the treatment and recovery program. For a patient who is currently healthy but who has amalgams, it is also reasonable to consider amalgam removal, as long as it is done safely with elaborate protections used by a biological dentist.

The FDA's defective and misleading 2009 amalgam rule will surely need to be revised in order to incorporate the FDA's new recommendations spelled out in their press release statement. But it is now apparent that the FDA is not about to put the amalgam product into Class III (most potentially hazardous) which would require a proof of safety. Being in Class III and having to produce a proof of safety would be the death knell for the use of amalgam in the USA. But the

FDA has clearly told us in a private email that it has no intention of banning amalgam or re-classifying amalgams. Our only conclusion is that the FDA's amalgam mercury cover-up continues, with all the continuing harm that it will do to America.

Some people ask "why now?" as far as timing of the FDA's recent announcement of dental amalgams curbs. We don't entirely know. But perhaps it was an attempt to deal, in a quiet less noticeable way, with the pressure from the fact that now a dozen countries of the world have already banned mercury amalgams or else are in the process of doing so. There surely has been pointed pressure from the curbs that the entire European Union imposed as of July 1, 2018. Beginning then, the EU placed a ban on the use of amalgams for children under 15, pregnant women and breastfeeding mothers. This was not a recommendation in the EU, it was a firm ban! In comparison, the FDA probably feared that it appeared callous and negligent in protecting women and children in the USA from a major mercury exposure.

Where do we go from here? FDA has been seriously negligent in protecting dental patients in the past and is still not protecting most patients from dental mercury in our mouths. FDA surely feels ongoing pressure other agencies and from the ADA to continue the dental mercury cover-up. So, FDA is not likely to truly reform itself, especially if reform at the top, as with presidential appointments, is lacking. So, as with other major health issues, look to honest non-profit and independent sources that deserve your trust. Dental mercury and fluoride serve as bellweather issues for evaluating the integrity or your

FDA Curbs Amalgams

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media sources. If your TV, newspaper or other media are ignoring these issues or get them totally backwards, then they are corrupt or, at the very least, uninformed, and do not deserve your trust. As your trusted non-profit, we will do all we can to help people to make their escape from mercury amalgam fillings and become the healthier people they were meant to be. And mercury fillings will be banned in America. ■

NHANES Data Shows Strong Evidence that Dental Amalgam Mercury Causes Arthritis & Asthma

Using data gathered from the federal government's NHANES database, researchers from the Institute of Chronic Illnesses, David Geier, BA, and Mark R Geier, MD, PhD, have discovered strong epidemiological evidence that dental amalgam filling surfaces are strongly correlated with the reporting of arthritis by the patients who were examined. In a similar analysis of data on asthma, the researchers found a strong, dose dependent association between the number of dental amalgam filling surfaces and new reports of asthma by the patient.

The researchers estimated that the medical and personal costs of the arthritis came to 281.6 million per year. The researchers estimate that the costs of the asthma amounted to \$3,200 per person per year, amounting to \$1.2 billion for all of them over a 25 year period.

The Geiers plan to continue to research the NHANES database for associations between the number of dental amalgam surfaces and patient reports of chronic illnesses. ■

Mercury as a Big Risk Factor for COVID an interview with Tim Lee, PhD

DAMS: Mercury toxicity is never mentioned as a risk factor for COVID infection complications and deaths, but you cite some facts about mercury that tie it to often mentioned risk factors for COVID sickness: obesity, diabetes and high blood pressure, for example. How does mercury tie in to these known risk factors?

Tim Lee: Mercury has been tied to all of the major risk factors for COVID sickness. Mercury causes high blood pressure and the way it does that is well documented. It interferes with the function of an enzyme and that causes your blood pressure to rise. It's also been tied to diabetes and the effect is not always immediate. Higher levels of mercury exposure in your youth significantly increases your chance of getting diabetes much later in life. Several independent studies have tied mercury to obesity as well. When I saw all of these factors mentioned as risk factors for COVID sickness it drew my thoughts to mercury.

DAMS: Does mercury directly harm immune function and can it cause, for example, the low white blood cell count that is often mentioned?

Tim Lee: Low white blood cell count has been of interest right from the outset of the pandemic. Doctors in China noticed that patients doing poorly had much lower white blood cell counts than recovering patients. If you are going to fight this disease off you want a healthy immune system with enough healthy white blood cells. Mercury impairs white blood cells and can reduce their count.

DAMS: Is there any science tell-



ing us that mercury could cause the "cytokine storm" that is described for those fighting a serious battle with COVID, or the hyper (too much) coagulability that is found in the blood?

Tim Lee: Mercury alters your normal coagulation response and causes hypercoagulability, too many blood clots. That's been studied and documented. Hypercoagulability leads to death when you are infected by COVID. Why? Virus infection touches off blood clots and they will circulate until they get stuck. Those blockages cause all kinds of damage, like having the mainline blocked in your house, and pretty soon the whole house is damaged.

The "cytokine storm" caused by COVID is the subject of countless articles. Cytokines get out of control causing all kinds of destruction. Cytokines are signaling molecules used by your immune system. How do signaling molecules cause a problem? There is battle going on and an officer starts yelling nonsense orders about where to attack and how to attack. When that happens you are going to kill a lot of your own people. That's what's happening with the cytokine storm. Mercury increases the cytokines and we get all kinds of nonsense orders being barked out resulting in damage to your own body.

DAMS: But what about the fact the COVID poses more of a threat to males than females, statistically speaking. Surely mercury does not

Mercury as a big risk for COVID

An interview with Tim Lee, continued from page 5

account for that. Or does it?

Tim Lee: Research shows that testosterone increases the deleterious effects of mercury while estrogen seems to protect you from it. That is a logical explanation for the sex difference.

DAMS: What are the major sources of mercury in America and most other developed countries?

Tim Lee: For me the number one source is big predatory fish. I love tuna and I've had to give it up and switch to salmon. Dental amalgams,



skin lightening creams, and occupational exposure (dental personnel!) are all ways that Americans have exposure to mercury.

DAMS: What next? What should public health researchers do? And, not waiting for them, what should consumers do to prevent complications or even death during the COVID pandemic?

Tim Lee: I'd like them to look at the question of why a virus that is innocuous to the majority of people it infects, damages and kills some others. It's not the virus in and of itself or we'd all have a similar reaction. One answer, I believe, is that the virus is harming and even killing people who have their immune system damaged by mercury. What I'd like to do is create a study where we look at the mercury levels in the patients that succumb to the virus and compare them to the mercury levels in patients who easily fight it off.

DAMS: What should health conscious consumers, including parents of small children and infants, do?

Tim Lee: People need to avoid dental mercury and to detoxify gently

and safely once all amalgams are out. We also need to avoid thimerosal, a very toxic mercury compound that is still found in some vaccines, including the flu shot in the multi-dose vial.

Personally, I don't have dental amalgams but I am trying to remove mercury from my life as much as possible, as by avoiding tuna fish. I don't buy fluorescent bulbs; aside from the fact that they produce cold flickering light, they contain mercury that is just probably going to end up somewhere we don't want it when the bulbs reach the end of their life. ...I want the a world that treats mercury like the highly toxic element that it is.

Tim Lee has submitted a paper entitled COVID-19 Heavy Metal Hypothesis for possible publication. He holds a PhD degree in Ecology and Evolution from the University of California, Davis.



A rainbow appears in Monument Valley on the Navajo Reservation in Arizona. See story on next page.

From the Navajo Reservation in Arizona

By Mae Navajo, below, wearing the sunglasses

When I realized my children were being poisoned by amalgam mercury fillings, is the day that changed me forever. My daughter started having mild seizures every three months at age of eighteen and, by the time she reached twenty years of age, she was having two to four seizures a week. Hospital visits were becoming frequent and doctors had absolutely no idea as to what was contributing to her seizures. Even CAT scans and MRIs didn't offer the doctors any answers as to why she was having these seizures; they wrote her prescriptions and they would send her home. The ER visits were becoming unbearable because the bills were piling-up from the ambulance ride, firefighters showing-up, hospital visits, each department that got visited and all the testing that was done. They all asked to get paid thousands of dollars from an epilepsy patient regardless if they had an answer or not.

The day she had a seizure in front of me while driving her to her next job, she had a full-on seizure. I pulled into a gas station. I noticed silver fillings in her mouth and decided to do research about the silver fillings that didn't look natural. The first video I watched on YouTube was *Smoking Teeth* by David Kennedy, DDS. This video shook me to the core; why was my child being poisoned by the second most dangerous substance in the world. They are placed right underneath the nose and near the brain. Since my children started receiving these amalgam fillings around the age



of six, I needed a confirmation that my daughter was being poisoned by amalgam fillings, so I sent my daughter's hair, blood and nails for analysis at Hal Huggins Institute where they did a toxicity report. They confirmed that mercury was in her system at a dangerous amount.

When I was young, single mother and English being my second language, I put all my faith in dentistry and health professionals not realizing they were poisoning my children with amalgam fillings. I had to re-establish my trust in a few health professionals like holistic dentistry to safely remove her amalgam fillings. After the first set of removal of the amalgam fillings my daughter stopped having seizures. A month later she was free of mercury fillings yet she had a long way to fully-recover. Recovery from this toxic substance takes years because it affects your vital organs. The list of after effects of mercury fillings includes mental problems, behavioral issues, health conditions, dental health conditions, alcoholism, addictions, aggression, violence, suicide, suicidal thoughts and tendencies. Being a mother of mercury poisoned children, it sure

seems like they used my children as weapon against me, because I've dealt with so many different behavioral problems with all four of my children and it's one of those things that you don't want to wish on your worst enemy.

The side-effects of mercury poison I've seen in my own children, I can now relate to why the First-Nation Tribes across America face these types of problems on Tribal Lands on a daily basis. Ninety-five percent of First-Nation Tribes are affected by mercury-fillings that were placed in their teeth. It doesn't stop with mercury poisoning; there is fluoridated water, fluoride tooth rise for children that attend boarding schools, uranium environment, toxic environment from fracking, vaccinations (containing more mercury), medications that are filled with dangerous food colorings and with titanium dioxide which is possibly carcinogenic to humans. Commodity foods that are given to Tribes on a monthly basis are highly-processed foods, filled with additives, and have no nutritional value.

First-Nation Tribe is heavily poisoned, why? Is it because of the language barrier or are we just lab rats for those who benefit from poisoning the people? I look forward to the day my First-Nation Tribal people and anyone who was poisoned in any way will be free of mercury fillings and heavy metals, healed from poisons that plague human bodies, and have access to high-nutritional foods and pure clean water and natural medicine that actually heals and balances. ■

EPA on Trial for Ignoring Fluoride as a Child BrainToxin

By Leo Cashman

The US Environmental Protection Agency (EPA) has been sued and tried in a federal district court in San Francisco for failing to curb fluoride exposures in the light of scientific evidence that fluoride lowers the intelligence of children and greatly increases ADHD in children. The commercial stakes are high, since fluoride is found in many dental and food products and about 200 million Americans are drinking water that has had fluoride deliberately added to it. The credibility of the American Dental Association (ADA) is on the line, as ADA has long given its seal of approval to fluoridated toothpastes and the reputation of the Centers for Disease Control (CDC) is also on the line, as CDC is the government's biggest promoter of water fluoridation.

The evidence, as presented over seven days of trial back in June 2020, was powerful and stunning. Fluoride triples the incidence of "inattentive behavior and cognitive problems" according to Canadian researcher Morteza Bashash, PhD, co-author of several of the studies. "The symptoms of ADHD often persist into adulthood and can be impairing in daily life," says Christine Till, PhD, a co-author who testified at the trial.

The plaintiffs included a long list of individuals and two non-profit groups, Food and Water Watch the Fluoride Action Network (FAN). Since being founded in 2000 by a chemistry professor, Paul Connett, FAN has been a leader in presenting the facts about fluoride and making the case that fluoridation should be stopped. Fluoridation causes damage to teeth in the form of dental fluorosis, weakened bones

and connective tissue with calcification of cartilage and ligaments, damages thyroid function, and arthritic problems including crippling skeletal fluorosis at higher exposure levels. Excessive fluoride exposure also causes calcification of the kidneys and the pineal gland, impairing their function and also osteosarcoma, a rare, deadly bone cancer found in boys. Informed people avoid all unnecessary fluoride exposures and support the halt of fluoridation.

Further, 90% of the fluoridation product that is used in America is hazardous industrial from phosphate fertilizer plants. The other 10% of water fluoridation products is a toxic mix of sodium fluoride laced with aluminum, coming from China.

In the early 1940s America's chief fluoride expert on fluoride was Harold Hodge, PhD, and now we know (but the big media won't tell you) that he was a fraud and knowingly lied to the public about water fluoridation being safe and effective. *The Fluoride Deception*, a 2006 book Christopher Bryson, tells the real history of water fluoridation.

Bryson's book also covers the work of eminent toxicologist Phyllis Mullenix, PhD, who published, 1995, a rat study showing that sodium fluoride in the rats' water was harmful to their brains and behavior. The dental research branch of the NIH tried to prevent publication of the paper and threatened retaliation to Mullenix but she published anyway. In retaliation Phyllis Mullenix was fired at Forsyth Dental Research and her high tech equipment was destroyed (it rained from the ceiling) before

she could get it out of her lab. She never got a research grant or a teaching position again.

A 1998 rat study by Varner, Isaacson and others showed brain impacts of fluoride, this time showing a strong synergy between aluminum and fluoride. Fluoride greatly increases the uptake of aluminum into the brain. The animals in the low dose fluoride-aluminum group all died by the end of the first year and had brain pathologies similar to Alzheimer's disease. A conclusion: fluoride, combined with aluminum (as from vaccines), is helping drive our Alzheimer's epidemic.

In 2006 the National Research Council (NRC) published a comprehensive review, *Fluoride in Drinking Water*, that found widespread damage to thyroid function due to fluoride exposures not only from water but also air pollutants and non-organic foods and drinks, where it is often shockingly high. "Fluorides have the ability to interfere with the functions of the brain and the body," the report warned. After the 2006 review, the research kept coming, increasingly showing adverse brain effects in children. In 2012, a Harvard-funded meta-analysis that showed in 26 out of 27 studies, that children ingesting higher levels of fluoride had lower intelligence by an average of 7 IQ points. Fluoride was coming to be viewed as similar to lead in its damage to a child's brain and behavior in a dose-dependent fashion.

Over the last three decades, EPA's own scientists have rebelled against their politically appointed bosses by adopting resolutions condemning water

fluoridation and, at times, even picketing their own agency, the EPA, for its corruption.

In year 2016, Fluoride Action Network, FAN and others petitioners brought a Citizen's Petition with the EPA, presenting evidence that fluoride harms the brains of children, and demanding that the EPA recognize it as such and take appropriate steps. When the EPA failed to respond appropriately, the petitioners filed the lawsuit with the federal district court in San Francisco. If a favorable ruling were made in a federal district court and upheld by an appeals court, it would provide case law that would govern the entire United States. This lawsuit is the first that has been brought by a citizen coalition under the federal Toxic Substances Control Act (TSCA) since the act was enacted in 1976, so it has been followed closely, on zoom, by activists and attorneys.

The trial showed EPA's lawyers and its scientific experts trying to challenge the evidence attested to by the plaintiffs' highly credentialed scientific experts and their scientific papers. One, Harvard Professor Phillippe Grandjean, MD, DMSc, serves on the editorial board of five journals, and is the author of over a hundred scientific papers. Another, Bruce Lanphear, PhD, below, co-authored a



study on a Mexico City population that found that higher levels of fluoride in mothers' urine correlated with lower IQ scores in their children at age four and at older ages between 6 and 12. Plaintiffs also presented a 2019 study by Green showing that, in boys, higher fluoride levels in the urine of pregnant women were associated with lower IQs in their children. That study also found that when fluoride exposures were calculated from both food and beverages, higher fluoride exposure correlated with lower IQs in both boys and girls. A 2019 study by Riddell found that the incidence of ADHD was nearly tripled in fluoridated communities as compared with non-fluoridated areas. A 2019 study by Christine Till, below, found that



children who had been bottle fed in fluoridated communities, and thus had high-fluoride exposure from their infant formula, had much lower IQs, as opposed to children nursed by mother's breast milk. Mother's breast milk is low in fluoride.

The EPA, unfazed, drew its expert witnesses for the trial from a "scientist-for-hire" company known as Exponent. Exponent is known mainly for providing scientists to help manufacturers of defective parts and corporate polluters to avoid judgments for damages done by their prod-

ucts or poisons. Its expert Ellen Chang, ScD, has no background as a fluoride researcher, but she readily weighed in as a defense expert just as she has done in the past for DOW Chemical (Agent Orange), Monsanto (Roundup), 3M (PFOAs) and Syngenta and Croplife (pesticides). She has testified for the American Chemistry Institute and the American Petroleum Institute. Chang has a more supposedly more sophisticated way of analyzing data in a study, "systematic analysis," which allows her conclude that the plaintiffs' scientists are biased and that their research papers are of "low quality." When asked to disclose her annual pay by her employer, Exponent, Chang declined to do so publicly but finally agreed to share it privately with the judge.

The trial evidence, the pleadings and the closing statements reached their conclusion back in the early part of June 2020, but Judge Edward Chen has delayed ending the trial, instead leaving it open to negotiations between the two parties and the bringing forward of further evidence. Judge Chen also left the case for plaintiffs to amend its petition and the lawsuit so as to add more plaintiffs and to bring forth more, newer scientific evidence to bolster their case. As of December 2020, these steps have been taken by the plaintiffs.

Going now into year 2021, Judge Edward Chen will finally wrap up this trial and reach an important decision. He might strike a blow for science and truth and against the corruption at the EPA and the CDC. He might liberate us from the shackles of water fluoridation, a clear infringement on our basic freedoms. For the moment of his final decision, let us send him wisdom and light. ■

A New Water Fluoride Filter

By Deborah Moore, Executive Director of Second Look

For two decades, Second Look (www.SLweb.org), has been addressing issues related to fluoride. I have been informally advising fluoride poisoned people who contact me. They are almost always extremely sensitive to fluoride and other chemicals in the water and pure drinking water is important to their detoxing. They need water that is nearly free of fluoride and other toxic chemicals. After years of searching I have finally found a fluoride filter that I feel really good about! It is made by Clearly Filtered, which is now also offering a 25% discount for the first purchase. Its web site is www.clearlyfiltered.com You can get 25% off your first full purchase of full price items using the promo code: CLEANWATER25

I recommend purchasing at least the table top pitcher, which comes with a filter, and ordering at least one replacement filter at the same time. That may keep you going for a

year or more, depending on usage, e.g. how many people are using the water. Their filters last longer than regular carbon filters in addition to removing the fluoride.

All of their filters remove fluoride, except for their shower filter, but they have a shower filter under development.

I am convinced that their new filter is the best fluoride filter out there at the very reasonable standard price and with the great discount offered. They have regular promotions for their products so if you buy a filter, you will get their promotions, usually for 10% to 20% off. Compared with the costs of buying bottled water, using this filter will cost much less in the long run and assure much better water.

Deborah E. Moore, PhD, is Executive Director of Second Look, a non-profit that educates on fluoride, including fluoride poisoning. ■

Glutathione beats viruses



At an IAOMT meeting in September, speaker Boyd Haley, PhD, declared "Glutathione is the most powerful antiviral molecule in the cell cytoplasm, where virus are replicated." Haley went on to cite studies showing that supplying glutathione can stop a flu virus, a hepatitis C infection, a HIV virus, and the illness and deaths in COVID patients. How to supply or boost this naturally occurring but often depleted substance? Intravenous vitamin C can boost it, nanosomal oral supplements are available, and NAC, a common supplement, is a well known precursor of glutathione. Some drugs tend to deplete glutathione, Tylenol being one of them, and virtually even toxic substance depletes it, mercury being one of the most notorious. Boyd Haley's own mercury chelator, Emeramide, both boosts the glutathione and brings mercury toxicity under control!! But FDA approval of it, begun in year 2010, has *not* proceeded at warp speed; it is still, after ten years, not FDA approved for marketing.

Instead of the simple, safe answer that is right-in front of them, the Fauci-FDA-CDC establishment is putting us through masking, fear and anxiety and economic lockdowns and, *guess what, folks*, stress and anxiety reduce glutathione and so must increase susceptibility to COVID. Its all too simple, isn't it: reduce stress and toxins, boost glutathione. But this is not in the Fauci - big pharma game plan. ■

Sometimes Less is Better, says Primal Dentistry



What does author Carol Vander Stoep mean by the "less" in her book title? Is it the less invasive dentistry, aiming to do less damage to natural tooth structure? Is it weeding out undesirable practices like the use of mercury fillings that crack the teeth, or composite fillings that pull away from the tooth? Is it crowned teeth that lead too soon to the death of the tooth? It could be all of these. It seems to be seeking a kinder and gentler dentistry, biomimetic, which means copying nature's own designs. It tries to detect decay earlier, not letting it get out of hand. If filling a cavity is done so as to preserve a tooth's structure, we could never let the tooth "need" a crown, or die. "Less" sometimes describes the best holistic ideas for orthodontic work, as with *fewer* of the harmful tooth extractions, or none at all. *Primal Dentistry* is available from DAMS and you can find it on the order form on page 22.

More info is at www.PrimalDentistry.com

The PCR Test for COVID Vastly Overstates The Case Count By Leo Cashman

Why is the PCR test for COVID not grounded in valid science? A person will test positive one day, negative the next and then positive again.

At a hospital testing clinic a DAMS member was told "Wait, don't get tested now, there is something wrong with our test!" The clinic had sent in ten unused swabs to the testing lab and nearly all came back reported as being "positive."

The president of Tanzania, a chemist, sent in swabs that had tested non-humans. Motor oil and a sheep were negative but the pawpaw, a jackfruit, a bird and a goat tested positive. They stopped testing.

CDC actually gives guidance on its web site that flags the weaknesses of its PCR test. "Negative results do not preclude having the infection and should not be used as the sole basis for treatment and other patient management decisions." Further, "Detection of viral RNA may not indicate the presence of infectious virus or that 2019-nCoV is the

causative agent for clinical symptoms." So, CDC admits that if you test positive, that does not mean that you necessarily are infected with COVID.

Kary Mullis, Nobel Prize winning inventor of the PCR technology always condemned the use



of the PCR technology identifying a case of HIV infection or any other viral infection, because it does not indicate whether there is any live virus or any active infection in a patient's body. It only looks for a small fragment of virus genome, putting the sample through 35 or 40 or more amplification cycles to look for a tiny

fragment of the viral genome sliver of what might be present. There is no quantitative result. False positive readings do occur and they increasingly occur as the number of amplification cycles increases beyond 35. The CDC says to use 40 amplification cycles, and this assures that there will be many false positives in the US. This is a disservice to the public and to policy makers who are relying on those case counts to decide about the harsh, draconian countermeasures. The vast majority of people who test positive are asymptomatic because they are not infected and do not have COVID.

Sadly, once counted as a "case", they are counted forever, even when they never got sick or when they did get sick but recovered from it. Why count such people forever, as cases? We don't count people who get a cold or the flu as having that sickness forever! ■

The COVID Death Count is Also Vastly Overstated

By August of 2020, some cities and regions were hotspots of COVID deaths. But how accurately were COVID deaths being counted, and what insights can we gain from study of the hotspots? One important insight was gained when, on September 7th, the Center for Disease Control (CDC) stated that 94% of deaths that it has counted as COVID deaths had "underlying other infections and underlying poor health conditions, including influenza, pneumonia, hypertension, diabetes and heart disease." 79% of the deaths counted as COVID deaths were among people over age 65, where the vast majority of deaths occur anyway and occur due

to many other causes. How can we pare the CDC's death count down to real COVID deaths? If we take the CDC's official COVID death count of 212,000 and cut it down by 90%, that leaves an adjusted death count of about 21,000. Such a number in a country of 330 million does not amount to a pandemic and doesn't justify lockdowns, business closures and other countermeasures.

The CDC guidelines to physicians who are certifying causes for deaths ask the physician to certify COVID as being the immediate cause of death or the underlying cause of death whenever the patient has had a positive PCR test result, even if she had no COVID symptoms, and

even when there were major illnesses such as cancer, heart disease or Alzheimer's. If the patient had respiratory illness as from pneumonia or flu, it could be presumed that COVID was likely, since the case count was so huge, so the death would be given as due to COVID. So, such CDC instructions, along with the over-inflated case count, gave rise to a grossly over-inflated COVID death count. Deaths due to pneumonia, influenza or tuberculosis were statistically gathered as being COVID deaths.

Hospitals were paid \$3,000 for each patient admitted as a COVID patient; they got a \$39,000 payment for each one put on a ventilator.

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COVID death count is also greatly overstated

Some hospitals in New York were described by whistle-blowers as engaging in blatant over-use of ventilators. At Elmhurst Hospital in Queens, nurse Erin Olszewski, RN, described the medical practices such as COVID patients not being separated from the others, causing them to become infected too. The COVID patients were put on mechanical ventilators and they all died. No friends or relatives were allowed to visit and advocate them. Erin was fired, but went public with the story at Elmhurst and then pub-



lished a book *Undercover Epicenter Nurse; how Fraud, Negligence and Greed Led to Unnecessary Deaths at Elmhurst Hospital.*

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If we adjust the deaths count for abuses of patients due to corrupt incentives at hospitals, for failure to use holistic healing methods, failure to identify and deal with mercury GMO-Roundup food, toxic EMFs and more, what would we get? An adjusted death rate from COVID would be close to zero. That would agree with the death rate that holistic frontline doctors have for *their* patients - small and near zero. ■

Are masks protective or safe to wear?

Independent researchers find no scientific evidence that masks reduce *viral* infection rates. If a patient is infected with tuberculosis then their wearing a mask *does* protect others nearby, as the TB bacteria is much larger than a virus is.

Masks do interfere with natural breathing and can harm those wearing them. Effects range from headaches, cardiovascular problems and cancer to a weakened immune system. Masks can further impair those with sleep apnea and airway obstruction because they reduce oxygen uptake. A retruded mandible (lower jawbone) and a narrow dental arch can cause a crowded tongue which then is pushed to the back of the mouth causing snoring and sleep apnea. Sleep apnea afflicts about 22 million Americans, but 75% haven't been diagnosed with it. More common among the elderly it is twice as common among men as women. It correlates with obesity which, is a COVID risk factor. We believe that a mask mandate imposes a special risk to those with an impaired airway,

A 2008 mask study by Bader showed that reduced oxygenation and the building up of excessive

carbon dioxide levels in the blood are the cause of headaches, dizziness and other complications. The wearing of the N95 mask for several hours can cause a loss of consciousness.

Smokers and those with COPD are particularly at risk for low blood oxygen levels because their uptake of oxygen is already impaired. People who are exercising vigorously, as with jogging or riding a bike with a mask on, are risking a collapse or cardiovascular event due to mask-wearing. Those driving a car and wearing a mask pose a danger to themselves and others if they pass out, which has happened to some. Lower oxygen levels increase the risk of cancer and weaken immune function.

Dr. Russell Blaylock, MD, a neurosurgeon, has warned that masks may trap viruses and drive them back up olfactory nerves and into the brain causing viral infection there. If the person has amalgam fillings, the mask traps mercury vapor that has been exhaled, causing it to be re-breathed.

Dr. Margaretha Griesz-Brisson, MD, PhD, photo in next column, is a leading neurologist in Europe. She



warns about the brain damage that will inevitably result from chronic, long term mask wearing. It is dangerous to get used to the oxygen deprivation, she says, from wearing a mask. "...all those symptoms disappear because you get used to it.... neuro-degeneration takes years to develop. ...the degenerative processes in your brain are getting amplified as your oxygen deprivation continues. Once lost, nerve cells will *not* come back. ...Medical exemptions are *always* justified because oxygen deprivation is dangerous for *every* single brain.For children and adolescents masks are an absolute no-no.To deprive a child or an adolescent brain of oxygen, or to restrict its oxygen in any way, endangers it. It is absolutely criminal. Oxygen deficiency inhibits the development of the brain and the damage that takes place *cannot* be reversed." ■

COVID prevention done naturally

By Leo Cashman

Prevention could start with the toxic things we all should eliminate and detoxify from: mercury, fluoride, vaccines and vaccine injuries, non-organic food, sugar, toxic cosmetics and on and on. Microwave radiation exposures to reduce or eliminate would include use of cell phones, cordless phones, Wi-Fi, smart meters, cell phone towers and antennas, and the small cell 4G, 5G antennas that are being built everywhere. Some of this involves organized citizen action, fighting back against the cell towers and 5G radiation that is being imposed upon us, and fighting back against the aerosol spraying (aka, "chemtrails") that all too often pollute our skies and modify our weather.

Airway obstruction Instead of the over-zealous wearing of masks, we exercise outdoors, breathing naturally. Airway obstruction issues are common and can be addressed in a most naturally by a biological dentist who practices sleep dentistry, diagnosing the problems and giving an individually tailored treatment plan.

Black health matters Yes, blacks and other people of color have higher risk for COVID, but let's look into that. First, African Americans have sleep apnea at a rate of 17% compared to 8% for caucasians. For those millions of people with impaired airways, breathing for long amounts of time behind a mask is more likely to harmfully reduce oxygen and provide carbon dioxide excess. Also, low income people are more likely to get amalgam filling place in their teeth and then are more likely to get stuck with them, unable to pay for their safe removal. Black boys are more likely to be injured by the MMR vaccine (CDC covered that up) and to be injured by water fluoridation. Economic layoffs, shutdowns and lockdowns are more likely to hit minorities and

lower income folks harder, causing more stress and, with that, weakened immunity.

Useful supplements? Now let us give a list of useful supplements that can help us have a strong immune system.

Zinc is a key to a strong immune system and a daily amount of about 20 mg is a typical. Zinc gluconate is good. If you take zinc for a long time, consider taking about 1 mg of copper daily since, without that, zinc might suppress the copper levels over time.

Magnesium is a key macro-mineral and more of it is needed during times of stress. People typically take 400 to 600 mg per day in a good form such as malate, glycinate or citrate.

Vitamin C from a high-quality source is always a good idea.

B vitamins The B vitamins are all crucially important for health and they all work together so the plan for them is usually to take them all together in a "B complex" that includes them all. Thiamine, vitamin B1, is crucial for healthy immune function. Mercury, as from dental amalgam fillings, binds with thiamine and wrecks it. Dr. David Jockers, DC, has an article discussing the importance of all the B vitamins; he sells a high quality B complex called B Strong from his web site Store.DrJockers.com.

The Vitamin D Receptor System is key to strong immune function. While many advocate supplementing with it until blood levels reach a high enough level, Trevor Marshall, PhD, urges avoidance of supplementation with it, letting the body's own vitamin D receptor system do its own regulation to get levels that are best. Following his lead, we would get needed vitamin D naturally from sunlight and from eating foods rich in vitamin D such as liver and eggs

from pastured animals, wild caught fish and cod liver oil.

Melatonin can block viral infections. Naturally made in the pineal gland and also throughout the body, melatonin should be abundantly made at night when we sleep in a dark bedroom free from light and from unnatural EMFs that keep the pineal gland from thinking that it is night time. Fluoride intake can, over time, calcify the pineal gland and impair its ability to make melatonin. Melatonin levels become too low as people get older and it is very deficient in the elderly. This as largely what puts the elderly at greater risk for COVID! We can supplement with melatonin every night before bedtime and taking some vitamin C with it boosts its anti-viral power. Dr. David Jockers sells a melatonin supplement of 5 mg capsules. Dr. Frank Shallenberger, MD, is a proponent of larger doses of melatonin. For sources, he mentions Pure Bulk, at www.Purebulk.com which sells an inexpensive (bulk) powder, and Melatonin Max, at www.perfectvitaminproducts.com which sells a 60 mg capsule ■

There are no asymptomatic carriers

Before deciding to forever wear a mask or shelter at home, consider the views of Judy Mikovits, PhD, and others. A person who is asymptomatic - has no symptoms - is not likely to be able to transmit COVID. She discusses this in her book on masks, in the section called *The Myth of Asymptomatic Carriers*. "The risk of transmission from an 'asymptomatic carrier' (however one might choose to define that) appears extremely small." Authors writing about this in the late May 2020 issue of NEJM, "are destroying the entire rationale for widespread masking," she says. ■

COVID treatments, therapies that use few drugs or none at all

Frontline doctors are using natural, holistic treatment methods for patients battling COVID. The treatments often make use of minerals, vitamins and other immune system support that are also useful for prevention. All of the following have been described by Dr. Joseph Mercola on Mercola.com.

Ketone Therapy, with use of caprylic acid or KetoneAid

Dr. William Seeds, MD, and colleagues use ketone therapy to treat patients battling a COVID infection. Ketones are water soluble fats that can be produced by our own bodies

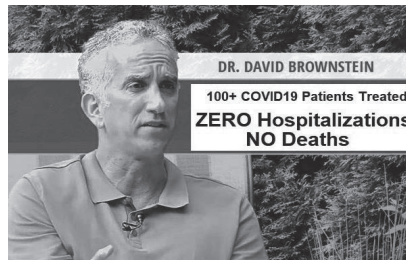


when on a special high fat, low carbohydrate diet. Ketone levels in the body can also be boosted by supplementation with C8 MCT oil, better known as caprylic acid. Most often derived from coconut oil, caprylic acid is also found in palm kernel oil, breast milk, cow's milk and goat's milk and it is sold in health food stores as a natural anti-fungal. It has helped mercury toxic patients to curb or eliminate their fungal overgrowths. KetoneAid, a more expensive product, dramatically boosts ketones and Dr. Seeds uses it to raise the ketone levels in a COVID patient quickly so as to relieve bronchial constriction in the COVID patient who is having chest constriction and trouble breathing. A low carbohydrate diet, quercetin and either baking soda or AlkaSeltzer Gold will also help quench excessive

inflammation.

Brownstein protocol

Hydrogen peroxide is delivered by a nebulizer. Our bodies use H₂O₂ at the cellular level to kill off viruses and other invading microbes. For his patients with acute COVID infection, David Brownstein, MD, uses hydrogen peroxide, properly diluted, and sprayed into the



patient's lungs through a nebulizer, with good success. Brownstein uses iodine along with the hydrogen peroxide, in his nebulizer. He also provides vitamins A and D, intravenous vitamins C, and intramuscular injection of ozone. "We ended up treating 107 patients," he told Dr. Mercola, and "we had one hospitalization, no ventilators, no deaths." But the Federal Trade Commission (FTC) was not happy with Dr. Brownstein posting his results on his website. FTC, insisting that there is no prevention, treatment or cure for COVID, told Brownstein that his website was in violation of its rules. So Brownstein had to remove his posting within 48 hours. But Brownstein and his collaborators published a paper on it in a health journal on April 9, 2020. Zelenko protocol: zinc, quercetin and/or hydroxychloroquine and azithromycin

Zinc is important for a proper functioning immune system. Quercetin is a flavonol found in kale, red onions and many vegetables and fruits. Taken with zinc, quercetin greatly increases uptake of the zinc. The drug hydroxychloroquine also

greatly increases the uptake of zinc, and that is the main reason for its helpfulness in COVID infections. Dr Vladimir (Zev) Zelenko has had great success with "triple therapy" of zinc combined with low doses of hydroxychloroquine and azithromycin. In 141 patients, only 2.8% of the patients were hospitalized as compared to 15.4% of patients in an untreated control group. Only one of the patients (0.71%) died in the treatment group as compared with 3.5% in the untreated group; that is a five fold difference.

Marik protocol: thiamine, IV vitamin C and hydrocortisone Paul Marik, MD, Chief of Pulmonary and Critical Care Medicine at Eastern Virginia Medical School, developed a breakthrough protocol about four years ago that almost always rescues the patient from the complications of septic shock. Septic shock is a leading cause of death from infectious disease and the Marik Protocol for handling septic shock gained an international following. The protocol uses the combination of thiamine (vitamin B1), intravenous vitamin C, and hydrocortisone. Done properly, the protocol results in an 80% reduction in septic shock deaths. The three components of the protocol must be used in combination in order to achieve success. Thiamine is an important immune booster and patients in critical care are often deficient in it. It is severely depleted by mercury. Vitamin C is another vitally important nutrient; it is depleted when under stress and with infections and toxins. The administration of the IV-C lowers inflammatory cytokines. Hydrocortisone, a corticosteroid drug, is a third essential ingredient. Pro-

viding sunshine or food sources of vitamin D, along with some magnesium, zinc and quercetin, are said to make the Marik protocol work better. The Marik protocol is being used in treatment of a patient who has an acute COVID infection.

Ozone - Robert Rowen, MD

Ozone can quell the cytokine storm that can occur with COVID infection and help bring the immune system back into balance. It is effective as a stand alone therapy and as an adjunct to other natural health therapies.

Practitioners should tailor their diagnoses and treatments to each individual patient and not assume, en masse, that all respiratory infections indicate COVID. Infections such as flu, pneumonia and tuberculosis still exist and still need to be diagnosed and treated appropriately. Even with a positive PCR test result, other types of infection remain open as possibilities. The solution to this is to do further lab testing and examination, so as to arrive at a true diagnosis and an informed treatment plan.

Homeopathy

Practitioners of homeopathy always tailor their remedies to the individual patient and they may offer help in curbing COVID using their gentle, subtle methods. Their remedies act by enhancing the body's vital force. Sally Tamplin has a site at FluSolutions.com. Cilla Whatcott is a resource and you can find her by searching on her name. Kate Birch has a site FreeAndHealthychildren.org. These and other homeopaths can also provide help for children and adults to overcome vaccine injury and vaccine impacts such as autism. They often use CEASE therapy, as developed by Tinus Smits. It is offered by many homeopaths. ■

COVID vaccines too risky and not needed

Since natural and holistic prevention strategies are what will really protect us from COVID, the COVID vaccines, despite the hype, are not needed and, further, present some serious risks.

1) They **will not prevent "spread"** of the viral contagion, so people will still not be allowed to take off their masks or to leave their bubbles.

2) They will (supposedly) prevent the mild symptoms but do **not claim to prevent the serious symptoms** or deaths.

3) The **vaccine testing relies on the PCR TEST** but PCR testing is seriously flawed, so the entire test design is flawed.

4) The Pfizer and Moderna vaccines both inject **synthetic messenger RNA** into a person's body, something that has never done before. The *synthetic* mRNA will not degrade in the normal amount of time, will likely damage the innate immune system, and may, on its own, do far more harm than the COVID virus ever did.

5) **The long term harmful effects of these vaccines are not known** because they have been tested for only a few months on selected, relatively healthy, non-pregnant volunteers. Vaccines have frequently caused long term damage to immune systems, as with auto immune disorders and neurological disorders, including autism spectrum disorders.

6) All too often the FDA has approved dangerous drugs and vaccines, **FDA has not given a full approval to either the Pfizer or the Moderna vaccines.** It has

only given a EUA, an Emergency Use Authorization. FDA is allowing their use as a COVID pandemic emergency measure.

7) A pandemic act of 2005, called the PREP Act, was triggered when the president declared a national emergency in March of 2020. A major consequence is that **all manufacturers, doctors, clinics, hospitals, etc. are shielded from being sued for COVID vaccine injuries**, for injuries from any other countermeasures such as from ventilator use or mask wearing injuries. Someone harmed by a COVID vaccine, must hire his own lawyer and expert testifiers and fight his way through the Countermeasure Injury Compensation Court. There, federal attorneys will demand that the plaintiff provide "compelling, reliable, valid, medical and scientific evidence" that he was injured by the COVID vaccine. The process of fighting out a case in CICC court could drag on for five exhausting, expensive years.

8) **Fluorescent quantum dots will be embedded into your skin, allowing the government to track** your vaccination and health status for the rest of your life. This surveillance and tracking of all humanity is the reason that Bill Gates is a participant with all of the drug companies in developing all of the COVID vaccines. The tracking and surveillance will give Bill Gates and big government the ability to coerce or mandate people to get the vaccines or else be deprived of normal freedoms. A totalitarian scheme is unfolding ahead and it should be resisted.

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Vaccines risky, not needed

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In actuality, vaccines do not confer a natural, lasting immunity and they suppress the immune system as a whole, so that it is less ready to cope with any new infectious challenge. In a paper called *The Case Against Immunization*, Richard Moskowitz, PhD, explains that a natural infection such as by the measles "involves a general mobilization of the immune system as a whole, ...activation of leukocytes, macrophages and the serum complement system and a host of other mechanisms." In contrast, a vaccination puts the virus directly into the blood and gives it "free access to major immune organs and tissues, without an obvious mechanism or route for getting rid of it" and "without any noticeable improvement to the health of the recipient" and, he says "exactly the opposite is true." In fact, Moskowitz says, the vaccination has substituted "a much weaker response, with little or no tendency to heal itself spontaneously."

So, in fact, we might conclude that all vaccine recipients are impaired by harmful long term effects, subtle though they may be. So, harm goes far beyond those thousands of recipients who are now already reporting, in the first five days of the roll-out, adverse effects, some of them severe.

Amid the heavy promotion of COVID vaccines and the billions in government subsidies to develop them, rapidly test them, and make them available at no cost to recipient, we should not lose sight of the fact that the vaccines will not save us from a pandemic - vaccines have always been given far more credit than they deserve - and they will very likely lead to a worsening of health and appearance of new, serious health problems. We should exercise our right to resist all mandates and all coercion, things that are clearly ahead for us. ■

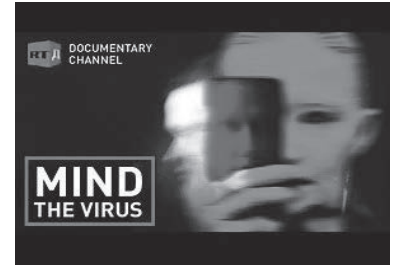
Who caused the pandemic and how?

Many independent researchers have concluded that the SarsCoV-2 virus could not have occurred naturally. Its genome is that of a freak, a "chimera," and that could only have been created by development, over time, in a bio-weapons lab. The documentary film *Plandemic II*, produced by Mikki Willis and narrated largely by David Martin, tells how it was created by Ralph Baric, PhD, by the NIH, and with development in its final stages by US funded researchers at the Wuhan Institute of Virology in Wuhan China, as arranged by Dr. Anthony Fauci. This is a tale of corruption, greed and a hidden agenda that is still unfolding. Dr. Anthony Fauci, America's COVID czar, emerges as a rascal who, along with the CDC, should be investigated and perhaps even prosecuted. Some film highlights are discussed as follow.

Event 201 was a pandemic simulation event held in New York City on October 19, 2019, just ten weeks before the actual pandemic burst out in Wuhan, China. All of the inside players were represented at the event: the Bill Gates Foundation, the CDC, China's equivalent to the CDC, the Johns Hopkins University, Johnson & Johnson and others from big pharma. The pandemic simulation had an eerie resemblance to the actual pandemic in all of its details. There would be requirements for masks, economic lockdowns, coordinated use of media-government propaganda, along with increasing curtailment of basic freedoms.

The CIA has long coordinated media propaganda

Back in the 1950s, under Operation Mockingbird, the CIA spent one-third of its budget on media control, placing about 5000 CIA "assets" inside the media, to se-



cretely serve the CIA's agenda. These abuses came to light in the US Senate Church Hearings during the 1970s. Owners of *The New York Times*, *Newsweek* and others admitted they had willingly invited the CIA to come in so as to coordinate propaganda. Today, however it is done and whatever it is called, CIA's control over the media seems as tight, serving big pharma and other deep state interests. Surveillance and tracking done by Google, Amazon, Facebook, and big tech companies provides real time mind data so that the messaging can be adjusted in real time, to control our thinking and behavior. With business and culture being mostly on-line, artificial intelligence machines can track what is on people's minds and adjust media messaging accordingly.

CDC owns illegal corona virus patents

In 2003, after the SARS outbreak in Asia, the CDC took out a patent on that virus, as isolated from humans. A virus occurring naturally cannot be patented, so CDC's patent application had to claim it had created the virus. But creation of a dangerous virus is a violation of treaties and laws against creation of bioweapons and hence CDC's patent revealed illegal conduct. Further, Ralph Baric PhD, patented methods of producing recombinant corona viruses, on behalf of the Univer-

sity of North Carolina. His conduct, as described in the patent, would also have been illegal.

Anthony Fauci's hidden role

In 2012-2013, under Anthony Fauci, the NIH funded "gain of function" research that would make the SARS corona virus more infectious and more dangerous as a bioweapon. But, due to the dangerous risks of such research, the research was supposed to be stopped and funding for this research was actually suspended in 2013. However, in 2014, Fauci secretly continued the funding of the research, sending the funds via a front group called the EcoHealth Alliance which sent the money for it to the bioweapons lab in Wuhan, China. It was from this lab that the novel virus was released - deliberately some say - to start the global pandemic in Wuhan.

Psychiatrist Peter Breggin adds this own research findings. Fauci, he says, helped the Chinese Communist Party (CCP) obtain its own valuable patents. Fauci helped the CCP to initially deny the origins and the dangers of the pandemic that had been unleashed. Fauci also thwarted global attempts to deal with the pandemic rationally and scientifically. Fauci suppressed the least expensive medication, hydroxychloroquine while promoting remdesivir, which Breggin describes as "an ineffective, dangerous and highly expensive drug."

Bill Gates - savior of humanity?

To hear the media tell it, Bill Gates, spending billions of dollars from his super-rich foundation, is doing everything he can to get the COVID vaccines ready in time to save mankind. The US government is spending trillions towards development and testing of the COVID vaccines under Operation Warp Speed.

Gate's past vaccination programs in Africa and India have drawn



criticism. In Africa, cases of wild polio had been non-existent since 2016, but cases of vaccine related polio started appearing after Bill Gates' polio vaccine campaign. A report in Nature magazine says that over 400 cases of polio caused by the vaccines have been documented in 20 countries in just the year from August 2019 to August 2020. In India, Gate's HIV vaccine program has also been met criticism. HPV vaccine, both ineffective and harmful, caused many adverse reactions that were poorly recorded. In 2009 there was a Gates-funded vaccine trial HPV of 24,777 girls. A 2013 article in Science Magazine said that Gates was "excoriated" by the Indian parliament for "...failing to conduct postmortem examinations of the girls who died during the trials." India's parliament criticized Gates for "being a tool of foreign drug companies hoping to convince us to include the HPV vaccine in its universal vaccine program, a roster of mandatory immunizations that the government is required to pay for."

Tracking us The film indicates that Bill Gates' role in the COVID vaccine development is to track us, making our bodies part of his artificial intelligence network. Coming from a family of great wealth and that was connected to the Rockefeller dynasty elite, Bill Gates assures that the vaccines all use a microneedle that injects fluorescent quantum dot tags. Normally invisible, the

mark will be scanned by near infra-red(NIR) instruments. It can hold your vaccination and other health data, and perhaps data on many aspects of your life. It can then be scrutinized whether you can be allowed to get a job, travel, or go to a school. Such a digital ID scheme seems to fit in with a carefully laid totalitarian plan for our society rather than a scheme that will allow us to go "back to normal." It seems geared to give power and control to the artificial intelligence network. Some fear that it may be part of a population reduction agenda as well.

The entire film, *Plandemic II*, is available at <https://PlandemicSeries.com>.

CIA's over-sized role in America

For more about the CIA's profound effects on America's culture and government, consider *The Devil's Chessboard, Allen Dulles, the CIA and the Rise of America's Secret Government*, by David Talbot. Looking mainly at the 1940s-1960s era, it looks at the powerful influence of Allen Dulles, the head of the CIA, and his possible role in the murders of President John F Kennedy and presidential candidate Robert F Kennedy.

A book covering the Vietnam war era and the decades that followed is *The CIA as Organized Crime: How Illegal Operations Corrupt America and the World* By Douglas Valentine. It describes how tactics of surveillance, control, torture and assassination were evolved and tested during use against the civilian population of South Vietnam and were further developed in Afghanistan, Iraq, Syria and Yemen. Controlling the media, culture and the political process is also examined, with its ever increasing authoritarian control of America today. ■

Sources for Truth, Voices for Freedom

Dr. Joseph Mercola is perhaps the most prominent natural health journalist and he has endured many forms of censorship and attacks by big media.



Found at Mercola.com, he writes about COVID pandemic fraud, fluoridation, dental mercury and toxic EMFs. Dr. Mercola gives a platform to others such as Gary Kohls, MD, Andrew Wakefield, MD, Robert F. Kennedy Jr, Ronnie Cummins, Stephanie Seneff, PhD, Judy Mikovits, PhD and the film *Plandemic II*. His book *EMF*D*, on the hazards of microwaves and toxic EMFs, is well done.

Sayer Ji is also excellent and he is at GreenMedInfo.org.

Dr. David Jockers is emerging



as an important health educator and writer. DrJockers.com.

National Vaccine Information Center led by Barbara Loe Fisher



is an essential source on vaccine safety and vaccine freedom and rights. Find it at NVIC.org.

Del Bigtree TheHighWire.com goes into the corruption that leads



to harmful vaccines and vaccine injury.

Children's Health Defense is a non-profit founded by Robert F. Kennedy, Jr., below. It focuses on protecting children from vaccine



injury and other toxic exposures including toxic EMFs and 5G. ChildrensHealthDefense.org.

The film *Plandemic I* is the story of microbiologist Judy Mikovits, PhD, and her blowing the whistle on corruption in the NIH under Dr. Anthony Fauci. The film *Plandemic II* looks at the role of Ralph Baric and Anthony Fauci in developing the virus, and it probes Bill Gates' role. Each of the films can be viewed at <https://PlandemicSeries.com>.

Scientists for Wired Technology is a non-profit found at Scientists4WiredTech.com. It focuses on the hazards of toxic EMFs and helping people to organize at the local level to stop 5G. Resource people include Paul McGavin and Susan Clarke.

Jolie Diane, at Zero5G.com covers news regarding 5G and information on how to stop it. She also covers geoengineering, i.e. the aerosol spraying of "chemtrails."

Sharyl Atkisson is a television reporter who tells it like it is on her TV show *Full Measure*.

In 2009, as a journalist for CBS TV, she discovered that the CDC wrongly stopped



counting swine flu cases after they learned that *almost none* of the cases that they had counted as swine flu were in fact swine flu. But higher ups at CBS squelched the story, never allowing it to air. It was published only on their web site. Three weeks later, the CDC doubled down on their lie, saying that from 14 million to 34 million had come down with Swine Flu, and its best guess was 22 million. Almost all of the big media perpetuated CDC's swine flu.

Sharyl Atkisson has recently come out with the book ***Slanted: How the News Media Taught us to Love Censorship***.

Reiner Fuellmich is an attorney



who practices in Germany and in California. He is leading a team of attorneys who are suing many key players in COVID internationally who are involved in fraud and countermeasures that harm individuals and the public health. His tort lawsuit will be international in scope, taking in offenders in the US, the UK, Germany and elsewhere. It is expected to be the biggest class action lawsuit in history. Search on Reiner Fuellmich, and international COVID lawsuit.

Bernie Windham is DAMS director who now has added COVID science to his website, MyFLCV.com. The site discusses the many natural, inexpensive prevention and treatment methods that are available right now.

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Karina Reiss, MD, and Sucharit



Bhakti, PhD, have authored a fine book called *Corona False Alarm? Facts and Figures*, published by Chelsea Green. In it, they discuss, how PCR testing for COVID in inaccurate and fraudulent and how some countries, such as Sweden, have avoided the damage and misery of a lockdown, and have come out with public health and the economy intact.

Judy Mikovits, PhD, is a research



scientist who has worked as a NIH funded microbiologist. In her book, *Plague of Corruption*, she tells of cover-ups of vaccine

viral contamination hazards and of corruption at the NIH and the CDC. She names names and gives details. She emphasizes that a COVID vaccine is not needed, that it will be poorly tested and that it will likely do more harm than good. Her latest book, *The Case Against Masks, Ten Reasons Why Mask Use Should be Limited* gives a carefully researched discussion of how and when mask wearing can pose a hazard to the health of the person wearing it.

Devra Davis, PhD, is executive director of the non-profit group Environmental Health Trust (EHT). Back in February, EHT brought a legal action against the Federal Communication Commission, FCC, for its scientifically unfounded guidelines for radio frequency radiation intensity levels that are to be allowed in the United States. The guidelines, adopted in 1996, were knowingly fraudulent even at that time and protected the profits of the big wireless companies while allowing harm of the consumers, including small children. EHT's petition, brought in February, presents abundant scientific evidence that the EMF and microwave radiation nightmare is playing a significant part in the dismal health status of Americans.



Is there a 5G link to COVID spread? As with injuries from mercury, fluoride, and toxic vaccines, the harm done by un-natural levels of microwave radiation are ignored by the big media as well as by regulatory agencies. The 4G/5G small cell antenna buildout is growing, and spreading into and around schools. They are often installed while the schools are shut down and therefore go unnoticed.

The devastation of Wuhan, China, back in February of 2020 is believed

by some analysts to be due in part to the completion of its 5G infrastructure. Wuhan was supposed to be a demonstration city for the wonders of 5G. If the Chinese police state decided to do some experiments on the various frequencies that can be used with the 5G equipment, toxic and deadly results could easily be blamed on the COVID pandemic, and nothing could be traced back to a toxic, devastating 5G experiment. The COVID hotspot in northern Italy was also a hotspot of pollution and of radiation from newly installed 5G small cell antennas. Similarly, New York City had become another 5G small cell hotspot before becoming a COVID hotspot. Some of our contacts in New York City have voiced strong suspicions to DAMS that small cell/5G radiation was playing a role in the high level of recorded COVID deaths there.

Brandy Vaughan, founder of the

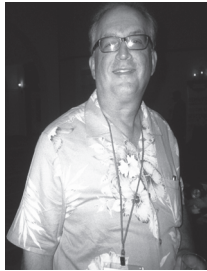


web site LearnTheRisk.org Brandy Vaughan, a former sales executive for the drug company Merck and founder of the educational web site **LearnTheRisk.org**, was found dead inside her home by her nine year old son on December 8th. Attempts had been made to scare her and make her back off from her work to educate the public on the risks of vaccines and the corruption in the pharmaceutical industry. Brandy Vaughan once posted "I have a huge mission in life. Even when they make it very difficult and scary, I would *Never* take my own life. ...If something were to happen to me, its foul play and you know exactly who and why - given my work and mission in this life."

Friends have passed away but are not forgotten

By Leo Cashman

Dr. Matthew G. Young, DDS, age 62, died of cancer on September



18, 2020, in Hendersonville, North Carolina.

Prominent as a board member and leader in the International Academy of Oral Medicine and Toxicology (IAOMT), he served for two non-consecutive yearly terms as its President. Dr. Young was the holistic dentist who worked with chemist Boyd Haley to evaluate the existing protocol for safe amalgam removal and identify gaps in its protection. They came up with new additions to the protocol, which became known as the SMART protocol. Matt Young is survived by his wife, Susan, who worked at the practice for three decades, by two sons and three grandchildren. He brought empathy to his dentistry and a passion for healing.

Russell F. Bornemann, DDS, age 68, died on April 16, 2019, of prostate cancer. Active in IAOMT, he had become a holistic, mercury free dentist back in 1980. He practiced in Anacortes, Washington, and attracted patients from far around the region. To accommodate the patients with multiple chemical sensitivities, he built the Sound Health Center, a building that they could

tolerate. Russ enjoyed bicycling, wine making and worked for protecting the environment. He was preceded in death by his wife Vicki, who had been a DAMS coordinator, and by six children and six grandchildren.

Walter J. (Jess) Clifford, MS, age 75, died in early March of 2020. With a background in microbiology and immunology, he was best known as the president and director of Clifford Consulting in Colorado Springs, Colorado. The company offered a blood serum test for assessing a patient's biocompatibility with various dental materials. Jess Clifford was always active in the IAOMT and was honored as a Fellow of the academy. He is survived by his wife of 62 years, Laura, who always accompanied him to the meetings, and by seven children and many grandchildren. He is remembered for his kindness, generosity, and a passion for biological dentistry.

H.L. (Sam) Queen, CCN, CNS, age 81, died on April 23, 2019. He was noted as a writer-researcher on mercury poisoning and detoxification, favoring the safer, more gentle methods. Vitamin C, including vitamin C IV, and high-healthy-fat foods like



eggs and butter were mainstays of his protocols.

Sam lived in Colorado Springs, Colorado, where Hal Huggins, DDS, also taught and practiced. In 1980, Sam founded the Institute for Health Realities where he became a speaker, a consultant and an author of six books including *Chronic Mercury Toxicity*, a textbook for professionals. It was well known how Sam came to the mercury issue: as a young man, he worked in a lab with six other technicians and they all became severely poisoned due to mercury that had leaked out of the lab equipment. All of them died except for Sam who, severely mercury poisoned, began his quest to find whatever he could on detoxification and recovery. Sam Queen is survived by his wife Betty, two children, four grandchildren and four great grandsons.

France Chevalier, DDS, age 50, died on January 2, 2020 of cancer.



An IAOMT member, she had a successful dental practice in Ottawa, Canada. She is survived by two sons. We quote part of a tribute written by a patient. France was "intelligent, gentle, sensitive and very down to earth...She managed to remove my old mercury fillings with the utmost care and, since then, my

health improved drastically. I regained my focus, my learning abilities and, overall, my happiness and well-being. I am sure she did the same with thousands of patients who found in her a pure soul that opened the door wide to optimal health and well-being, with love and compassion.”

Gary Jacobson, DDS, age 76, died May 11, 2016. His dental practice, located at the southern edge of the Minneapolis airport, was called Airport Dental, with a smiling small plane as the logo. Into the early 1990s, he spoke out more and more about the dangers of dental mercury. After a while patients flocked to him from far and wide to find relief from chronic illnesses that mercury may have been causing. Like his friend and mentor, Hal Huggins, DDS, Jacobson became heavily targeted by his state dental board. He fought back in the board’s administrative proceedings and became a hero to Dental Mercury Awareness, a grassroots group that tried to educate the public and save Gary from the dental board. In December of 1995, he finally was forced to give up his license and close his practice. He moved to Pensacola, Florida, where he made a success out of selling real estate, at least until the real estate bust that occurred later. He worked on his own mercury detox with some health improvements.

Gary Jacobson is survived by his wife, Jean, and her two children. He left in his wake many patients whom he helped save from the clutches of mercury poisoning. He also left in his wake a broad mercury awareness movement that I am a part of and that continues on

to this day, an awareness that will continue on until it prevails.

Mary Davis, DAMS activist, died March 23, 2019, at the age of 58. Living in a small town in Iowa, Mary became a DAMS coordinator



there back in the 1990s. As she learned from own health battle against multiple sclerosis (MS) and mercury poisoning, she educated others, and she told her own story in the newsletter. She collected and published in 1999 a book called *Solving the Puzzle of Mystery Syndromes: Are Your Amalgam Fillings the Missing Piece?* With a collection of about 50 patient stories, it is a time capsule for DAMS in the 1990s. Mary’s story is in there, telling of her MS and of her inability to carry a pregnancy without miscarriages. But mercury detox helped make a difference - her MS improved and she was able to have children. In more recent years, as her MS flared, she was less active. She is survived by Randy, her husband of 35 years, their three daughters, a grandson, her parents and four siblings. DAMS has some remaining copies of her book, *Solving the Puzzle of Mystery Syndromes*. It is on the order form, page 22.

Gwen Scott, herbalist, died in Cochiti Lake, New Mexico sometime in 2016 of cancer. Age - unknown to us. Intelligent and well-spoken she was a host on CNN’s International Hour program. When the CIA came to recruit her as a secret asset, she declined, eventually moving to an Indian reservation in New Mexico where she practiced as a master herbalist and traditional naturopath. She met up with Clifford Carnicom, a researcher on geoenvironment, with research on the aerosol spraying and the Morgellons disease caused by the organic crystalline polymer fibers that drop out of the skies



and that infected many people, including her. They made some videos together and shared the results of their research on how to deal with the pseudo-life forms that can come crawling out of the skin. Her testing methods and treatment ideas were carried on the website bariumblues.com. She suggested that, over time, all of humanity would become genetically modified by the pathogens being dispersed on people. Several times she informed me that some of the cell towers have nothing to do with telephoning and instead serve the purpose of mind control.

Gwen Scott, wise woman. I will remember her for the insights she shared and for her integrity. ■

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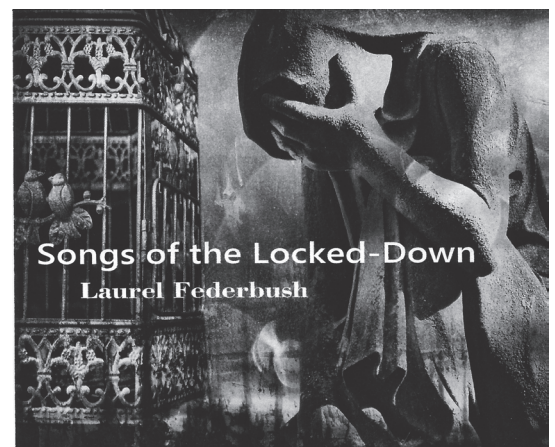
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Gates Invests in Billion Dollar Surveillance Satellite Plan

Dafna Tachover, above, along with Robert F. Kennedy, Jr, recently wrote a piece about Bill Gates' investment in a \$1 billion plan to blanket the earth in video surveillance satellites. EarthNow will launch 500 satellites to monitor almost every corner of the earth. The company will also deploy a vast array of ground-based 5G antennas, says their report. Gates' foundation has also purchased 5.3 million shares in Crown Castle, which operates and leases about 40,000 cell towers and 65,000 small cell 5G nodes. The investment is valued at about \$1 billion. As Dafna explains, "5G is all about controlling your life, marketing products, and harvesting your data for artificial intelligence purposes." Gates, Elon Musk and others, will "harvest, control, sort, characterize, analyze, and sell millions of terabytes of personal information from our smart devices." Microsoft itself has a patent on a technology that will monitor body and brain activity and reward a person with crypto currency payments when they perform assigned activities. A chip will collect data from embedded sensors that will monitor brain waves, blood flow and other body reactions. Gates has also invested \$18 million in MicroChips, a company that develops implanted birth control chips that will deliver the amount of needed birth control medication. Gates is also investing in a **geoengineering** project that will block the sun. A better idea would be to stop the aerosol spraying they are already doing; already it dims the sun and reduces crop production on farm land. It would be better to stop using weather as a military weapon, the testing as which creates drought, hurricanes and wildfires. ■

Bold steps for reducing EMFs

by Leo Cashman

Keep wired by using a **land line telephone**. Then, bring in your internet service on that land line to a router that is then connected to your computers using with shielded **ethernet cables**. Make sure that the router's **Wi-Fi** capability is **turned off** before the phone company's technician leaves. Of course, minimize use of smart phones if you have one at all. **Buy shielding clothing** from LessEMF.com for protection for when you are must go out around cell antennas or small cell 5G antennas. More and more, everyone needs shielding of all kinds. Get an **RF test meter** to test for microwaves, so that you have a better idea of when and where you are safe. Dental offices and all business offices do well for their patients, customers and staff by **getting rid of the Wi-Fi** and using a wired internet connection, as described at the top. Use your RF test meter to see the difference! At home, make your **bedroom** a sanctuary free of EMFs: **nothing is plugged in**, no lamp cord, no electric alarm clock, so your pineal gland will naturally make melatonin. If you have a **smart meter** somewhere in your house or office that you can't get rid of, **shield from it**, as with a shield from SmartMeterGuard.com; **abate the dirty electricity** it puts on your wiring by using **dirty electricity filters**, as from GreenwaveFilters.com. **Stop 5G** by joining with others locally to stop the roll-out in your town. It can possibly be stopped *locally*. Go to **Scientists4Wiredtech.org** for coaching on what to say and do. Coaching is important and crucial. ■

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